

ANNUAL UPDATE IN INTERNAL MEDICINE | 2026

One Course. Every Major Specialty. No Gaps.

DEC. 6-11, 2026

**LIVE
STREAM**



HIGH-YIELD, EVIDENCE-BASED, PRACTICE-CHANGING UPDATES YOU CAN APPLY AT EVERY PATIENT VISIT

Designed for Busy Clinicians:

- 30-45-minute, high-yield sessions
- Case-based learning
- Live and on-demand access through March 2027
- Direct access to expert faculty

80+ Sessions Focused on What Matters Most:

- | | | | |
|--------------------|---------------|-----------------------|-----------------|
| ■ Oncology | ■ Hepatology | ■ Infectious Diseases | ■ Nephrology |
| ■ Hematology | ■ Neurology | | ■ Dermatology |
| ■ Endocrinology | ■ Orthopedics | ■ Cardiology | ■ Psychiatry |
| ■ Gastroenterology | ■ Pulmonology | ■ Rheumatology | <i>And more</i> |

**REGISTER EARLY
AND SAVE \$100**

Register Now: **UpdateInternalMedicine.com**

EARN UP TO:
55.25 AMA PRA
Category 1 Credits™

ANNUAL UPDATE IN INTERNAL MEDICINE | 2026

One Course. Every Major Specialty. No Gaps.

Designed for the Way You Actually Practice

In six days, you'll gain practical updates across every major specialty in medicine.

Core Specialties Covered

- Cardiology and Vascular Medicine
- Endocrinology, Diabetes and Metabolism
- Gastroenterology and Hepatology
- Infectious Diseases
- Pulmonary
- Oncology
- Hematology
- Neurology
- Nephrology
- Rheumatology
- Dermatology
- Psychiatry and Mental Health

Practice-Relevant Topics

- Artificial Intelligence in Clinical Practice
- Management of Menopause
- Syncope
- Obstructive Sleep Apnea and Sleep-Disordered Breathing
- GLP-1s: Indications, Contraindications and the Side Effects Your Patients Care About
- Diagnosis and Management of Migraine
- Cancer Screening Updates
- Hypertension
- Obesity Management
- Chronic Kidney Disease
- Post-Intensive Care Syndrome
- Atrial Fibrillation

BUILT FOR THE WAY YOU PRACTICE

- Short, focused sessions designed for efficiency
- Case-based learning
- Interactive Q&A and "Ask the Experts" sessions
- On-demand access through March 2027—learn and review on your schedule

Who Should Attend

Designed for PCPs, internists, hospitalists, advanced practitioners and specialists seeking a concise annual update. This course is ideal if you:

- Want a high-yield update across multiple specialties without attending multiple courses
- Are preparing for boards or recertification
- Manage complex patients and need practical, evidence-based guidance
- Prefer case-based, clinically relevant learning
- Want to stay current without disrupting your schedule

Learning Objectives

What you'll be able to do immediately:

1. Apply the latest screening guidelines confidently at your next patient visit
2. Make faster, evidence-based decisions in complex cases
3. Identify when you engage consultants
4. Avoid common diagnostic and treatment pitfalls
5. Manage patients with diabetes, cardiovascular disease, and chronic conditions more effectively
6. Interpret key lab results and apply updated treatment strategies
7. Improve patient outcomes using practical, real-world approaches

**"WHAT AN INSPIRING,
MOTIVATING AND
STIMULATING COURSE.
IT REJUVENATED
MY INTEREST IN
PRACTICING MEDICINE."**

LEARN FROM WORLD-RENOWNED FACULTY AT HARVARD MEDICAL SCHOOL AND BETH ISRAEL DEACONESS MEDICAL CENTER

Dear Colleague,

Keeping pace with internal medicine has become increasingly complex. Rapid advances across subspecialties, evolving guidelines and expanding therapeutic options demand a more efficient approach to staying current.

This course is designed to meet that need.

Over six days, you will receive concise, high-yield updates across every major area of internal medicine— from cardiology and endocrinology to infectious diseases, oncology, neurology and more. The curriculum emphasizes clinically relevant advances and practical decision-making you can apply immediately in your practice.

Led by distinguished faculty from Harvard Medical School and Beth Israel Deaconess Medical Center, the program features interactive lectures, case-based discussions and expert-led sessions that translate the latest evidence into practical patient care. All sessions are available via livestream and on demand through March 2027, offering flexibility without compromising academic rigor.

Whether you are preparing for certification, maintaining competency or seeking a comprehensive clinical update, this course provides an efficient and integrated approach to advancing patient care.

We look forward to welcoming you this December and hope you leave informed and inspired to cherish all that is best and glorious about our medical profession, and through your work your patients will lead healthier and happier lives.

With best wishes,

Martin J. Abrahamson, MD

Sanjiv Chopra, MD

Margaret “Molly” Hayes, MD

Mark L. Zeidel, MD

Course Directors

Learn from internationally recognized experts in clinical medicine, research and medical education.

Martin J. Abrahamson, MD, FACP, FRCP (London)



Associate Professor of Medicine
Harvard Medical School
Co-Director, Division of Continuing Education
Beth Israel Deaconess Medical Center

Sanjiv Chopra, MD, MACP, FRCP (London)



Professor of Medicine
Harvard Medical School
Co-Director, Division of Continuing Education
Beth Israel Deaconess Medical Center
Editor-in-Chief, Hepatology Section
UpToDate

Margaret “Molly” Hayes, MD, ATSF



Associate Professor of Medicine
Harvard Medical School
Director, Medical Intensive Care Unit
Director, External Education, Carl J. Shapiro Institute for Education and Research
Division of Pulmonary, Critical Care and Sleep Medicine
Associate Chief, Division of Pulmonary, Critical Care, and Sleep Medicine
Co-Director, Division of Continuing Education
Beth Israel Deaconess Medical Center

Mark L. Zeidel, MD



Herrman Ludwig Blumgart Professor of Medicine
Harvard Medical School
Chair, Department of Medicine
Beth Israel Deaconess Medical Center

Drawn from Harvard Medical School, Beth Israel Deaconess Medical Center and other leading institutions, our faculty are internationally recognized for excellence in clinical care, research and medical education.

Faculty are committed to delivering practical, clinically relevant education through:

- High-impact clinical reasoning and evidence-based approaches to patient care
- Direct interaction and opportunities to engage with expert faculty
- Timely updates focused on immediate application in clinical practice

Meet Our Faculty



TUITION & REGISTRATION

Early registration savings available through October 9

Exceptional Value for Comprehensive CME

- Earn up to 55.25 AMA PRA Category 1 Credits™
- Equivalent to multiple subspecialty courses in one program
- Includes on-demand access through March 2027

TUITION FEES

Update in Internal Medicine	Register on or before Oct. 9, 2026 (save \$100)	Register after Oct. 9, 2026
Livestream – Physicians	\$1,499	\$1,599
Livestream – Residents and Fellows in Training and Other Healthcare Professionals	\$1,199	\$1,299

Fees are shown in USD. The course will be presented in its entirety and includes real-time audience-response questions and interactive Q&A sessions, allowing you to pose specific questions to our expert faculty via online chat. All sessions will be recorded as they are livestreamed and will be made available for viewing, at your convenience, through March 31, 2027.

GENERAL INFORMATION

Registration

- Register online at **UpdateInternalMedicine.com**
- Payment accepted by Visa, MasterCard and American Express
- Registration confirmation and course access details will be sent via email

A \$10 processing fee applies to all registrations.

Important: Please use an email address you check regularly. This will be used for your confirmation, CME information and access to the livestream platform.

Refund Policy

Cancellations received on or before **November 20** will be refunded, less a **\$75 processing fee**. No refunds will be issued after this date.

Flexible Learning Designed for Busy Clinicians

- Attend live or watch on demand
- Access sessions through March 2027
- Engage directly with faculty during live Q&A
- Revisit presentations anytime with downloadable course materials

Accreditation



The Dana-Farber Cancer Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Dana-Farber Cancer Institute designates this live activity for a maximum of 55.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For full accreditation details, visit the course website.

Questions?

For all inquiries, please contact: **cmesupport@agrimeetings.com**

Register Now: **UpdateInternalMedicine.com**

YOUR COMPLETE INTERNAL MEDICINE UPDATE—DELIVERED IN ONE WEEK

Sunday, Dec. 6, 2026

7:50am – 8:00am

Introduction and Welcome

ONCOLOGY

8:00am – 8:40am

Assessment and Management of Breast and Ovarian Cancer Risk: A Comprehensive Clinical Update*

Nadine M. Tung, MD

8:40am – 9:20am

Prostate Cancer: An Update

Marc B. Garnick, MD

9:20am – 9:30am

Break and Guided Meditation ❖

9:30am – 10:10am

How We Think About and Manage Colorectal Cancer in 2026*

Steven E. Come, MD

10:10am – 10:55am

Advances in Lung Cancer: A Paradigm for Personalized Care

Deepa Rangachari, MD

10:55am – 11:00am

Break and Stretch

11:00am – 11:40am

Keynote Lecture: Genes, Immunology and Cancer: Past, Present and Future*

Lowell E. Schnipper, MD

11:40am – 12:15pm

Lunch Break

12:15pm – 1:00pm

Oncology: Challenging Cases with Your Participation

Lowell E. Schnipper, MD

1:00pm – 1:10pm

Ask the Expert: Oncology Q&A

Lowell E. Schnipper, MD

HEMATOLOGY

1:10pm – 1:55pm

Diagnosis and Management of Hypercoagulability and New Anticoagulants: Interpreting the Data

Kenneth A. Bauer, MD

1:55pm – 2:10pm

Break and Rejuvenation Exercises ❖

2:10pm – 2:40pm

Multiple Myeloma: Update

Paul G. Richardson, MBBS

2:40pm – 3:20pm

Don't-Miss Causes of Anemia

Reed E. Drews, MD, FACP

3:20pm – 4:05pm

Hematology: Challenging Cases with Your Participation

Reed E. Drews, MD, FACP

4:05pm – 4:15pm

Break and Stretch

4:15pm – 4:25pm

Ask the Expert: Hematology Q&A

Reed E. Drews, MD, FACP

SPECIAL LECTURE

4:25pm – 5:10pm

Keynote Lecture: Disability Issues and Insights*

Lisa I. Iezzoni, MD

Monday, Dec. 7, 2026

ENDOCRINOLOGY

7:30am – 8:10am

Update in Osteoporosis

Harold N. Rosen, MD

8:10am – 9:00am

Treatment of Type 2 Diabetes 2026: Getting to Goal Safely and Reducing Cardiovascular Risk*

Martin J. Abrahamson, MD, FACP, FRCP (London)

9:00am – 9:05am

Break and Stretch

9:05am – 9:50am

Advancing to Insulin Replacement Therapy: When, Why and How

Richard S. Beaser, MD

9:50am – 10:40am

Keynote Lecture: Microbiome (The Second Human Genome): What Shapes It and How It Shapes Us

Sanjiv Chopra, MD, MACP, FRCP (London)

10:40am – 10:55am

Break and Guided Meditation ❖

10:55am – 11:35am

Problems in Thyroid Disease

James V. Hennessey, MD

11:35am – 12:10pm

Managing Menopause in 2026

Maia N. Sharuk, MD

12:10pm – 12:55pm

Endocrinology: Challenging Cases with Your Participation

Martin J. Abrahamson, MD, FACP, FRCP (London)

12:55pm – 1:05pm

Ask the Experts: Endocrinology Q&A

Martin J. Abrahamson, MD, FACP, FRCP (London)

James V. Hennessey, MD

1:05pm – 1:50pm

Lunch Break

1:50pm – 2:35pm

Keynote Lecture: Progress in the Treatment of Diabetes and Its Complications

Martin J. Abrahamson, MD, FACP, FRCP (London)

GASTROENTEROLOGY AND HEPATOLOGY

2:35pm – 3:25pm

Laboratory Tests and Diagnostic Procedures in Liver Disease: Adventures in Liverland

Sanjiv Chopra, MD, MACP, FRCP (London)

3:25pm – 4:15pm

Inflammatory Bowel Disease

Laurie B. Grossberg, MD

4:15pm – 4:30pm

Break and Rejuvenation Exercises ❖

4:30pm – 5:10pm

Celiac Sprue: Protean Manifestations

Ciarán P. Kelly, MD

5:10pm – 5:55pm

Gastroenterology and Hepatology: Challenging Cases with Your Participation

Sanjiv Chopra, MD, MACP, FRCP (London)

5:55pm – 6:10pm

Ask the Experts: Gastroenterology and Hepatology Q&A

Sanjiv Chopra, MD, MACP, FRCP (London)

Ciarán P. Kelly, MD

* Qualifies for Risk Management Credits

❖ Optional Wellness Activity

Tuesday, Dec. 8, 2026

SPECIAL SYMPOSIUM: MEDICAL AND SURGICAL MANAGEMENT OF OBESITY – WHAT THE PCP NEEDS TO KNOW

7:30am – 8:10am

Exercise Prescription: Promoting Physical Activity in You and Your Patients*

Maria Vamvini, MD

8:10am – 8:55am

Medical Management of Obesity: What the PCP Needs to Know*

Jody Dushay, MD, MMSc

8:55am – 9:30am

Surgical Treatment of Obesity: Procedures and Outcomes

Souheil W. Adra, MD, FACS, ABOM

9:30am – 9:45am

Break and Guided Meditation ❖

NEUROLOGY

9:45am – 10:15am

A Deep Dive on Dementia for the Busy Internist

Daniel Press, MD, MMSc

10:15am – 10:45am

A Migraine Master Class

Patricia E. Greenstein, MBCh

10:45am – 11:00am

Ask the Experts: Neurology Q&A

Patricia E. Greenstein, MBCh

Daniel Press, MD, MMSc

11:00am – 11:10am

Break and Stretch

VIRAL HEPATITIS SYMPOSIUM

11:10am – 11:25am

Hepatitis A and E

Sanjiv Chopra, MD, MACP, FRCP (London)

11:25am – 12:05pm

Hepatitis B and D

Daryl TY Lau, MD, MSc, MPH

12:05pm – 12:35pm

The Only Chronic Viral Infection That Can Be Cured

Michael P. Curry, MD

12:35pm – 1:20pm

Lunch Break

1:20pm – 2:00pm

Metabolic-Associated Steatotic Liver Disease (MASLD): The Dominant Chronic Liver Disease Globally

Michelle Lai, MD, MPH

2:00pm – 2:35pm

Complications of Cirrhosis*

Alan Bonder, MD

2:35pm – 2:50pm

Break and Rejuvenation Exercises ❖

SPECIAL LECTURE

2:50pm – 3:40pm

Keynote Lecture: The Two Most Important Days: Reflections on Lasting Happiness and Living With Purpose

Sanjiv Chopra, MD, MACP, FRCP (London)

SPECIAL SYMPOSIUM: THINKING IN MEDICINE

3:40pm – 4:10pm

The Critical Need for Critical Thinking in Medicine in 2026

Richard M. Schwartzstein, MD

4:10pm – 4:15pm

Break and Stretch

4:15pm – 4:45pm

Artificial Intelligence and Clinical Reasoning

Adam M. Rodman, MD, MPH, FACP

4:45pm – 5:00pm

Ask the Experts: Q&A

Richard M. Schwartzstein, MD

Adam M. Rodman, MD, MPH, FACP

Wednesday, Dec. 9, 2026

ORTHOPEDICS MINI-SYMPOSIUM: A PRIMER FOR THE PCP

7:30am – 8:00am

My Shoulder Hurts and the Golf Season Is Starting: What the PCP Should Know

Arun J. Ramappa, MD

8:00am – 8:30am

My Knee Is Swollen and I'm Having Trouble Walking

Joseph DeAngelis, MD, MBA, FAAOS, FAOA

8:30am – 8:35am

Break and Stretch

ASK THE EXPERTS: BURNING CLINICAL QUESTIONS IN ENT/OPHTHALMOLOGY

8:35am – 9:35am

Ask the Experts: ENT/Ophthalmology

Ralph B. Metson, MD

Jae Young You, MD

9:35am – 9:50am

Break and Guided Meditation ❖

SPECIAL LECTURE

9:50am – 10:30am

Keynote Lecture: Clinical Applications of Artificial Intelligence: Where We Are in 2026?

Yousif A-Rahim, MD, PhD

INFECTIOUS DISEASES

10:30am – 10:40am

Infectious Disease Speed Rounds: Treatment of COVID in 2026

Matthew S. Lee, MD

10:40am – 11:00am

Infectious Disease Speed Rounds: What's New in Pneumonia in 2026

Kanupriya Soni, MD

11:00am – 11:40am

Keynote Lecture: Vaccines

Dan H. Barouch, MD, PhD

11:40am – 12:25pm

Infectious Diseases: Challenging Cases with Your Participation

Howard S. Gold, MD

12:25pm – 12:45pm

Ask the Experts: Infectious Diseases Q&A

Howard S. Gold, MD

Matthew S. Lee, MD

12:45pm – 1:30pm

Lunch Break

PULMONARY DISEASES

1:30pm – 2:20pm

What's in the Wheeze: Asthma and COPD for the General Internist

Michael C. Ferrera, MD

2:20pm – 2:55pm

The ABCs of VTE: Emerging Evidence for Today's Clinician

Tyler Peck, MD

2:55pm – 3:10pm

Break and Rejuvenation Exercises ❖

3:10pm – 3:50pm

What Keeps Your Patients Up at Night: A PCP's Guide to Sleep Apnea

Anjali P. Ahn, MD

3:50pm – 4:20pm

Caring for Critically Ill Survivors: What the PCP Must Know About PICS

Margaret M. Hayes, MD, ATSF

4:20pm – 4:40pm
Rapid Update on Lung Cancer Screening

Janelle V. Baptiste, MD, MPH

4:40pm – 4:45pm
Break and Stretch

4:45pm – 5:30pm
Pulmonary Diseases: Challenging Cases with Your Participation
Asha Anandaiah, MD

5:30pm – 5:40pm
Ask the Expert: Pulmonary Diseases Q&A
Asha Anandaiah, MD

Thursday, Dec. 10, 2026

CARDIOLOGY

7:30am – 8:10am
Approach to the Patient with Syncope
Peter J. Zimetbaum, MD

8:10am – 8:50am
Applying Real-World Evidence to Patient Care: Atrial Fibrillation
Peter J. Zimetbaum, MD

8:50am – 9:35am
Hypertension Essentials: Evaluation and Management Updates for the Practicing Clinician
Jennifer Cluett, MD, FAHA

9:35am – 9:50am
Break and Guided Meditation ❖

9:50am – 10:30am
Valvular Heart Disease for the Clinician
Eli V. Gelfand, MD, FACC

10:30am – 11:00am
Cardiovascular Care for Women: Evidence and Equity
Anne-Marie Anagnostopoulos, MD

11:00am – 11:05am
Break and Stretch

11:05am – 11:45am
The Current Cholesterol Guidelines and Treating Residual Risk*
Mark D. Benson, MD, PhD

11:45am – 12:25pm
Managing Arterial Disease: A Tour for the PCP
Christian Mewaldt, MD

12:25pm – 1:10pm
Lunch Break

SPECIAL LECTURE

1:10pm – 1:55pm
Keynote Lecture: Dealing with Our Denial of Death: Communicating About End-of-Life Before the End
Margaret M. Hayes, MD, ATSF

CARDIOLOGY

1:55pm – 2:45pm
Acute Coronary Syndromes
Eric A. Osborn, MD, PhD

2:45pm – 3:00pm
Break and Rejuvenation Exercises ❖

3:00pm – 3:45pm
Congestive Heart Failure
A. Reshad Garan, MD, MS, FACC

3:45pm – 4:30pm
Cardiology: Challenging Cases with Your Participation
Joseph P. Kannam, MD

4:30pm – 4:45pm
Ask the Expert: Cardiology Q&A
Joseph P. Kannam, MD

Friday, Dec. 11, 2026

RHEUMATOLOGY

7:30am – 8:05am
Rheumatoid Arthritis: What the PCP Needs to Know
Francine Ton Nghiem, MD

8:05am – 8:40am
Polishing Your Approach: Clinical Pearls for Crystal Arthritis
Hannah K. Gendelman, MD

8:40am – 9:25am
Rheumatology: Challenging Cases with Your Participation
Brian J. Stout, MD

9:25am – 9:35am
Ask the Expert: Rheumatology Q&A
Brian J. Stout, MD

9:35am – 9:50am
Break and Guided Meditation ❖

NEPHROLOGY

9:50am – 10:30am
Approach to the Patient with Proteinuria and Hematuria
Melanie P. Hoenig, MD

10:30am – 11:10am
Prevention and Treatment of Chronic Kidney Disease: Early Diagnosis and Aggressive Treatment
Melanie P. Hoenig, MD

11:10am – 11:15am
Break and Stretch

11:15am – 11:55am
Acute Renal Failure
Mark L. Zeidel, MD

11:55am – 12:40pm
Nephrology: Challenging Cases with Your Participation
Robert S. Brown, MD

12:40pm – 12:50pm
Ask the Expert: Nephrology Q&A
Robert S. Brown, MD

12:50pm – 1:35pm
Lunch Break

SPECIAL LECTURES

1:35pm – 2:35pm
Opiates for Chronic Pain: An Approach to Decision-Making, Risk Management and Monitoring*
Marc L. Cohen, MD
Julia H. Lindenberg, MD

2:35pm – 2:55pm
Opiates for Chronic Pain: Q&A

2:55pm – 3:05pm
Break and Rejuvenation Exercises ❖

3:05pm – 3:45pm
Dermatology Primer for the Primary Care Provider
Anthony R. Cukras, MD

3:45pm – 4:25pm
Advances in the Treatment of Depression and Other Psychiatric Disorders
Robert C. Meisner, MD

4:25pm – 4:30pm
Closing Remarks

ASYNCHRONOUS SELF-STUDY

Vitamin D: Miracle or Myth?
Frank J. Domino, MD

Alcohol Use: A Double-Edged Sword?
Kenneth J. Mukamal, MD, MPH

GI Bleeding
Simon Robson, MD, PhD, FRCP

Smoking Cessation: What You Need to Know
Michael C. Ferrera, MD

Interventional Cardiology: What the PCP Needs to Know
Robert W. Yeh, MD, MSc

Transfusion Medicine
Kerry L. O'Brien, MD

Cutaneous Malignancies
Marissa Heller, MD

Complementary and Integrative Medicine
Gloria Y. Yeh, MD, MPH

Irritable Bowel Syndrome
Judy W. Nee, MD

Beth Israel Lahey Health
Beth Israel Deaconess Medical Center

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